

Hubert Lee, MA, ATC, CSCS, Athletic Training Education and Strength and Conditioning Program Director at Neumann University. Prior to his position at Neumann University, he was the Head Athletic Trainer and Instructor at Lincoln University.

Hubert has completed his coursework at the University of Delaware in the doctoral program in biomechanics and movement science. Both his Master's degree and Bachelor of Science degrees from the University of Connecticut in Sports Biomechanics and Sports Medicine/Physical Education, respectively. Hubert holds certifications from the National Strength and Conditioning Association as a Certified Strength and Conditioning Specialist and Certified Personal Trainer, the American College of Sports Medicine as a Health/Fitness Specialist, the state of Connecticut as a Physical Education Teacher, the American Council on Exercise as a Group Fitness Instructor, and the National Safety Council as a First Aid and CPR instructor.

Hubert has been active at the state, regional and national levels both in the area of Athletic Training as well as Strength and Conditioning. He has publications in *Muscle and Fitness* and serves as a book reviewer for Slack Publishing.

Hubert's areas of interest are nutrition, sports supplements, and performance enhancing aids.

Course taught at Neumann University:

ATR100 Introduction to Athletic Training

ATR220 Emergency Response

ATR240 Strength and Conditioning

ATR245 Resistance Training and Conditioning

ATR450/455 Physiology of Sport and Exercise w/ Lab