

Joe White, President and Founder, Get Life Coaching

He's an author, speaker, international trainer, and life coach dedicated to helping individuals, business leaders and couples. Joe White, who was born and raised in Sharon Hill, Delaware County, has more than 14 years of experience helping people turn their lives around.

Following years of "real life" experience, Joe founded Get Life Coaching in 1999. His perseverance to survive a near-death overdose, beat drug addiction, and a lifetime of personal struggles have given him the skills and energy to help thousands of people change their lives for the better. Through Get Life Coaching, Joe leads a dedicated staff providing face-to-face coaching, telephone coaching and seminars that use immersive experiences like fire walking, board breaking and sky diving to help people conquer their fears.

Joe is the recipient of the New Castle County Chamber of Commerce 2012 Entrepreneur of the Year Award and the 2008 Entrepreneurial Advocate of the Year. As the founder and principle of Get Life Coaching, White had personally coached hundreds of individuals and led seminars for thousands including employees of Fortune 500 companies and top local businesses. He also conducts life coaching certification courses and has trained therapists and counselors in his coaching techniques.

Joe has conducted a regular radio show on WDEL 1150 am in Delaware and has been a guest on the Jordan Rich Show on WBZ 1030 am in Boston. He has been featured in the *Philadelphia Inquirer*, on TV stations PHL17, WMCN, CN8, WDEL and is a regular featured writer for *Living Well Magazine* and *The Women's Journal*. He is a sought after keynote speaker who brings depth, insights, and energy into his presentations. Joe's work and methodology have been a part of two published Phd. Academic Studies, which were award-winning. His first book, *Put Me In Coach, I'm Ready To Live* is available via online retailers, and Joe is currently writing is second book.