

Positive Guidance, Growth Mindset, and Teamwork

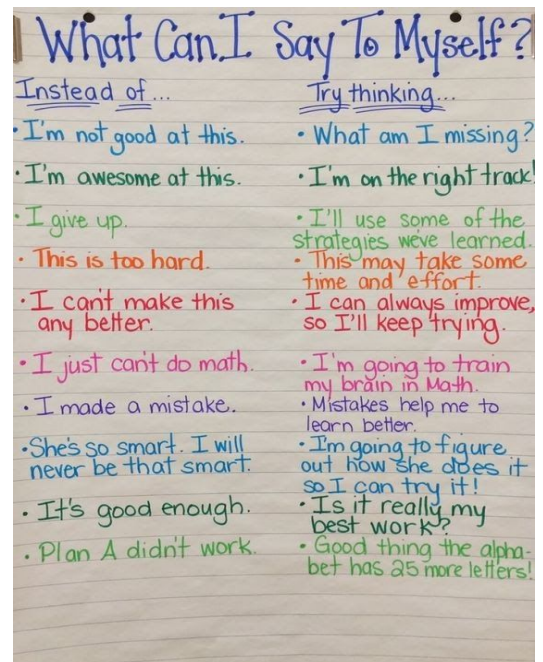
Creating an environment where young children thrive

How can we create an environment where children thrive? How could we be more mindful of our interactions with children? Here are 3 simple strategies to implement!

Strategy #1. Creating a Yes! Environment: Positive Interactions and Guidance

- Tour your home as a child would
- Create an environment that works for you without limiting exploration and child creativity
- Ensure safety and respect for items - avoid danger and destruction
- Create a catchphrase to support positive interactions
 - Mistakes Help Us Learn; Explore, Dream, Discover
- Sit back, relax, and enjoy

Strategy #2 - Encourage a Growth Mindset vs. a Fixed Mindset



How can we encourage this kind of mindset in children?

Create a family growth mindset jar - decorate the jar, write examples of things to say to promote a growth mindset or examples of what growth mindset is and add to your jar, pull out an example or a saying each day and practice it, teach the children, etc.

Read "Your Fantastic Elastic Brain" - click [here](#) for YouTube Read Aloud of Book

Strategy #3: See your family as a team supporting an environment where young children thrive

1. Sense of belonging - We all want you to learn, and we all share our knowledge and skills.
2. Showing vulnerability - It's OK to make mistakes -- it's how we learn.
3. Having a Shared Purpose/Vision - using catchphrases. "We're a team!", "Everybody has something to share!"