

## weekly collection

Our weekly collection will be given to the Campus Ministry International and Domestic Service Immersion Trips. All proceeds will be distributed among participants, each of whom are responsible for their own fundraising to cover travel, accommodations, meals and a donation to the service site.

### Habitat for Humanity

Over Fall Break, Spring Break, and the Summer 4 separate groups will take part in Habitat for Humanity's national alternative spring break program, Collegiate Challenge. Together with other college students from across the country, Neumann students will have the opportunity to work on various stages of home construction and rehabilitation.

### Cardinal Kelvin Felix Archdiocesan Pastoral Centre

In May, a small group will travel to Gros Islet, St. Lucia to serve with Sr. Frances Nosbisch, OSF at a pastoral centre which serves to meet various community needs in St. Lucia.

### Valley of Angels

Partnering with the Franciscan Mission Service, a group will head just outside Guatemala City to serve at the Valley of Angels orphanage and boarding school. Valley of Angels provides housing, meals, clothing and schooling to children in poverty.

### Wind River Indian Reservation

Neumann students will continue a long-standing tradition of journeying west to serve with Sr. Teresa Frawley, OSF at the three Catholic parishes on Wyoming's Wind River Indian Reservation of the Arapaho and Shoshone tribes.

Thank you for your generosity and support!

*Service Immersion Trip Applications can be found outside Campus Ministry, on the Mission and Ministry Website, and on the Knight Life App. All applications are due October 13.*



**@neuministry**

## this week in campus ministry

September 17, 2017

*"Could anyone nourish anger  
against another and expect healing  
from the LORD?"*

I believe that to live a life of peace and happiness, anger and bitterness must be non-existent. I feel that whenever we are mad or upset with someone the one that we should turn to is God. He is the medicine that relieves our pain, he is our comfort. *Close your eyes, inhale deeply, and exhale smoothly, feel your heart beat, and allow your heart to be a reminder that you are still standing, breathing, and living.* Our lives are already planned by God; what must happen will happen and though we may not understand why or how something happens in life, we must remind ourselves that God is in control.

I feel that we must listen when God speaks from within. Too often, we allow our frustrations to get in the way of us loving one another, improving ourselves, and living life completely to the fullest, which is what I feel God expects us to do while we're here on Earth. In the moment of being upset with someone or something, we must

cry out to God, tell him exactly what we're feeling, express to him how much we need him, and he will ease our minds and remove whatever tension in our lives. One must understand that it's absolutely impossible to expect healing when anger and bitterness is still present in the heart.

People tend to think they are healed when they attempt to handle a situation the way that they believe is right, but, actually, they are still hurting. For example, cutting off communication with a loved one for long periods of time without formally apologizing, or moving on without attempting to fix what's broken isn't a step towards peace and happiness. I've seen this happen repetitiously throughout my family, and it is, indeed, a vicious cycle that has turned my most of my family to be bitter and angry with one another. So bitter that it seems as if we can't have a family gathering without someone feeling uncomfortable and having to leave. I can confidently say that my family needs spiritual healing, and all they

*Continued inside...*

Reflection by Monet' Jones '21

*Interested in writing a weekly reflection? Email [campusministry@neumann.edu](mailto:campusministry@neumann.edu)*

# what you may have missed...



Over the past two weeks, members of Mission and Ministry led by Sr. Linda DeCero along with some special guests (Dr. and Mrs. Domes!!) visited all Residence Halls for PB&J - Pretzels, Blessings and Juice!



What could Chrissy and Mike possibly be doing in these pictures and why may you have seen them walking around the RAB hill like this? Keep an eye on @neuministry to see!!



## Reading reflection continued...

should do is cry out to God, open their hearts, and be receptive to the message that God is about to give.

Giving your mind, body, and heart to the Lord is what I feel to be the fundamental step towards healing and completeness in one's life, anything that life throws our way that makes us discouraged, unseen, or misunderstood will eventually lead to us becoming frustrated with ourselves or others. When you acknowledge who's in control of what

happens in your life and you pray, a sense of direction from God to you will come natural. With God's help now we'll be able to love ourselves, our families and others honestly and purely. Your faith must be strong, impregnable, and solid enough to make you look at a situation that life throws your way and say, "This too, shall pass.."

# ...what you CAN'T miss

## Monday, September 18

**Staff in the Caf** - 5:30PM Bruder Dining Hall

Find the Campus Ministry staff in the cafeteria one night a semester for community building and any CM questions you may have!

## Thursday, September 21

**Anna's Place** - 11:30AM-1:30PM

Volunteer to serve lunch in Chester, PA. To sign up see email from Megan Camp!

## Sunday, September 24

**Mass** - 7:00PM, Sacred Heart Chapel

**Operation Hunger** - 8:00PM, LLC2

Join the Assisi Living Community for Operation Hunger after Mass! They will be making PB&Js to be donated to Catholic Social Services.

*Sign up!*

**Search Retreat (for Sophomores, Juniors, Seniors)**

**October 20-22, 2017**



## Service Immersion Trips

Spring and Summer Trips to Habitat for Humanity, St. Lucia, Wyoming and Guatemala

**All Service Trip and Retreat applications can be found in Campus Ministry, online or on the Knight Life app!**